

Official Wing Eating Contest Rules Eating competitions are inherently dangerous activities, and all participants expressly and voluntarily assume the risk of any and all injury and damage that may result from the participation in eating competitions. Participants understand that such risks include, but are not limited to possible bodily injury, partial or total disability, paralysis, death or other injuries or damages. Selection of participation in the event and the risks of loss, damage or injury shall at all times remain with and be borne by each participant. Contest rules are subject to change.

The Contest

1. Each competitor will start with exactly fifteen wings covered with medium Buffalo sauce.
2. Each heat in the contest will last exactly two (2) minutes.
3. A subsequent final will be a one (1) minute heat with 10 wings to be consumed and all same rules/conditions applying.
4. The winner of each heat will advance to the final.
5. Once the heat begins, the competitors will consume their allotted wings and place the eaten chicken wing bone into the wing receptacle.
6. If a competitor finishes their allotted fifteen wings before the contest is complete, they will be given an additional 6 wings to consume.
7. Once the heat is complete, each competitor's wing receptacle will be taken to be counted by the Executive Judge.
8. In the event of a tie between competitors, there will be a 30 second "run off" to determine the winner.
9. Participants can be disqualified if judges determine wings were not consumed to the bone ie (**there's meat still on those bones**).

Official Rules

- The wing eating competition is open to all amateur eaters 18 years or older who are in good health. Professional eaters, persons recognized by the AICE, the IFOCE or members of any professional eating organization are not eligible.
- Competitors may eat sitting down or standing up in their designated areas.
- Any contestant leaving their designated area during the contest will be disqualified.
- The use of utensils is not allowed.
- Competitors must CLEAN BONES and Chicken meat must be eaten directly from the bones. Stripping the bones of meat first and eating the meat at one time will not be allowed.

- Competitors may not touch the wing basket or wings in the basket prior to the contest starting signal.
- Competitors must place each finished chicken wing bone into the wing basket.
***Failure to place wing bones back into the basket will result in disqualification.*
- Competitors MUST stop eating and promptly place their hands down on the table or at their sides at signal by judge with stopwatch.
- Competitors may not put additional chicken wings or portions of chicken wings in their mouths after the ending signal, but will be allowed 15 seconds to swallow any chicken wings already in mouth.
- If a competitor vomits or regurgitates at any time during the competition or during the time period the wing count is being tallied, he or she will be disqualified.
- If contingencies or disputes arise at the contest/before, during or after, that is not explicitly covered by these official rules, the Executive Judge's decision will stand with the same finality as the rules.

Winners will be determined by:

- Eating all wings (15+) and the sauce in the basket in allowed two (2) minute time.
- Total number of wings
- By remaining seated at finish with only water and NO wiping of hands or mouth until timed challenge is completed.

Grounds for Disqualification include:

- False or incomplete entry form or liability waiver
- Any health risks that could jeopardize the contestant's health or well-being.
- Under the influence of any substance.
- Starting prior to the start signal OR continuing to eat after the ending signal
- Failure to completely eat a chicken wing before beginning to eat another chicken wing.
- Throwing up or regurgitating.
- Failure to place wing bones back into the basket.

Official “Bring the Heat” Wing Eating Contest Rules Eating competitions are inherently dangerous activities, and all participants expressly and voluntarily assume the risk of any and all injury and damage that may result from the participation in eating competitions. Participants understand that such risks include, but are not limited to possible bodily injury, partial or total disability, paralysis, death or other injuries or damages. Selection of participation in the event and the risks of loss, damage or injury shall at all times remain with and be borne by each participant. Contest rules are subject to change.

The Most and Hottest Wing Eating Contest

The object is to eat as many wings in each level of heat in 10 minutes. Each participant will receive six (6) The Reaper wings (the second to the hottest at Wild Wing Café) to begin the contest. After the six (6) The Reaper wings have been completed and placed in the wing receptacle, the participant may choose to receive twelve (12) Braveheart Wings (the hottest wing at Wild Wing Café) once those have been eaten and placed in the receptacle, IF the participant is still with us in his/her right mind, body and soul and can speak for themselves, they may choose to receive another twelve (12) wings of a mixed basket of The Reaper and The Braveheart wings.

Points are as follows:

Level 1 The Reaper Wings 1pt per wing

Level 2 The Braveheart 2pts per wing

BONUS: EACH ADDITIONAL Wing from the final mixed wing basket, after the original 18 are consumed and placed in receptacle, will be given an additional 5 pts per wing.

****The Winner will be named a TRUE Braveheart!**

****The first competitor that wimps out will have to lick the plate!**

Official Rules

- The wing eating competition is open to all amateur eaters 18 years or older who are in good health. Professional eaters, persons recognized by the AICE, the IFOCE or members of any professional eating organization are not eligible.
- Competitors may eat sitting down or standing up in their designated areas.
- Any contestant leaving their designated area during the contest will be disqualified.
- The use of utensils is not allowed.
- Dips and Dunking are NOT allowed
- NO drinks are allowed during the competition.
- Competitors must CLEAN BONES and Chicken meat must be eaten directly from the bones. Stripping the bones of meat first and eating the meat at one time will not be allowed.
- Competitors may not touch the wing basket or wings in the basket prior to the contest starting signal.
- Competitors must place each and every finished chicken wing bone back in the wing basket. **Failure to place wing bones back into the basket will result in disqualification.*
- Competitors MUST stop eating and promptly place their hands down on the table or at their sides at signal by judge with stopwatch.
- Competitors may not put additional chicken wings or portions of chicken wings in their mouths after the ending signal, but will be allowed 15 seconds to swallow any chicken wings already in mouth.
- If a competitor vomits or regurgitates at any time during the competition or during the time period the wing count is being tallied, he or she will be disqualified.
- If contingencies or disputes arise at the contest/before, during or after, that is not explicitly covered by these official rules, the Executive Judge's decision will stand with the same finality as the rules.

Winners will be determined by:

- Eating all wings (18+) and the sauce in the basket in allowed ten (10) minutes time.
- Total number of wings and points earned for each level
- By remaining seated at finish with only water or milk and NO wiping of hands or mouth until timed challenge is completed.

Grounds for Disqualification include:

- False or incomplete entry form or liability waiver
- Any health risks that could jeopardize the contestant's health or well-being.
- Under the influence of any substance
- Appearance is deemed inappropriate
- Starting prior to the start signal OR continuing to eat after the ending signal
- Failure to completely eat a chicken wing before beginning to eat another chicken wing.
- Throwing up or regurgitating.
- Failure to place wing bones back into the basket will result in disqualification.